DIFFUSE LUNG DISEASE

Does Participation in Pulmonary Rehabilitation Impact Survival Among People With Interstitial Lung Disease?



STUDY DESIGN

- Post hoc analysis of a combined cohort of two randomized controlled trials of patients with interstitial lung disease (ILD)
- **Primary End Point:** Death or lung transplantation





RESULTS

- After adjusting for baseline variables, at 5 years, completion of PR associated with a 44% lower risk of mortality (HR, 0.56; 95% CI, 0.36-0.88)
- At 10 years, no difference in survival was observed between the PR and control groups

Participation in PR among people with ILD may impact survival at 5 years.

Dowman LM, et al. CHEST June 2025 | @journal_CHEST | https://doi:10.1016/j.chest.2025.01.001

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